

ESTD **TERRA NOSTRA** 2006  
AUTHENTIC ITALIAN & SARDINIAN CUISINE

SET MENU

# SET MENU

SERVED SUNDAY TO FRIDAY FROM 5.30PM UNTIL 8.00PM  
EXCEPT BANK HOLIDAYS & SPECIAL OCCASIONS

**TWO COURSE MENU**  
Starter & Main Course

£17.95

**THREE COURSE MENU**  
Starter, Main Course & Dessert or Coffee

£20.95

## ANTIPASTI STARTERS

### FUNGHI AL FORNO (V)

Mushrooms filled with garlic butter & bread crumbs, with Vermentino wine.

### MINISTRONE (V)

Home-made vegetable soup served with home-made bread.

### BAKED GOAT CHEESE SALAD (V)

Served with caramelised onions.

### DEEP FRIED WHITEBAIT

Deep fried whitebait with a sweet chilli dip.

### PATE DELLA CASA

Home made smooth chicken liver pate served with crostini bread.

### CHICKEN WINGS

Served in BBQ sauce.

### INSALATA DI GAMBIERI

Served the Terra Nostra way, prawn cocktail in Marie Rose sauce on a bed of salad leaves.

### FEGATINI DI POLLO

Chicken livers with onions, in demi-glacé, chilli & white wine sauce.

### POLPETTE

Meatballs served in tomato sauce.

## PIATTI PRINCIPALI MAIN COURSES

### PIZZA VEGETARIANA (V)

With mixed vegetables.

### SPAGHETTI NAPOLI (V)

Tomato, onion & basil.

### MUSHROOM RISOTTO (V)

With cream.

### POLLO ALLA CREMA

Chicken breast with mushrooms, onion, white wine & cream sauce.

### PIZZA PROSCIUTTO E FUNGHI

With ham and mushrooms.

### LASAGNE AL FORNO

Baked in the oven the traditional way.

### PENNE ARRABIATA

Mushrooms, onions, salami, hot chilli, fresh basil & tomato.

### PENNE AL SALMONE

In garlic, white wine, tomato & cream sauce.

### SPAGHETTI CARBONARA

Pasta tossed in smoked bacon, black pepper & cream sauce.

### PIZZA SALAME

With hot salame and chilli.

### CHICKEN STROGANOFF

Served over rice.

### SALMON

In garlic, white wine and cream.

### POLLO CACCIATORA

Chicken breast with mushrooms, onions, basil, white wine in tomato sauce.

#### Allergy Advice

Some of our foods may contain nut traces and ingredients produced from genetically modified soya and/or maize. Please ask staff for details about ingredients in your meal when ordering.